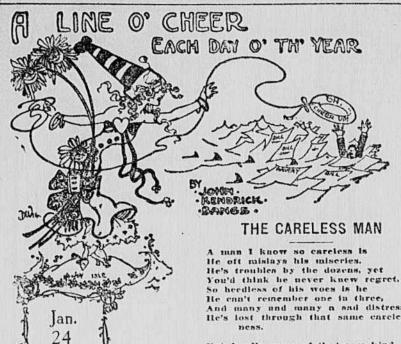
It Interest to Every Woman



Grapefruit Dinner.

ack Mashed Sweet Potatock Creamed Cauliflower Celery Egg Salad

> Supper. Club Sandwiches

Dutch Bread Apple and Nut Salad

is generally the first question the doctor asks. He knows that headaches, bilious attacks. indigestion, impure blood, are often due to a sluggish liver. Ask him if he approves of Ayer's Pills.

Ladies' Kidney Heel Cloth Top Pat. Button Shoe; special at \$4.00. Regular \$5.00 Shoe.



The Comet Heater Self Feeder

More sold than any other heater in Richmond. Prices, \$18.50 and \$22.50. Set up FREE.

Rountree-Sutherland-Cherry Corp.





Apple Sauce breast should be plump and fat.

when washing dishes.

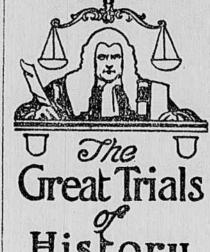
WOMAN FAMOUS AS CAKE-MAKER

That one can acquire world-wide fame as a cake-maker is demonstrated by the achievements of Mrs. Betty Lyle Wilson, of New York City. Mrs. Wil-son is a cake-maker for kings and presidents. Her confections have been served on the royal table of Eng-land and at the Court of Vienna. The last cake shipped to the German court was described as "a culinary triumph bearing a circlet of orchids and grapes in natural colors." It will be seen by this that Mrs. Wilson is not only a genius at cake-making, but a true ar

American girls who have become princesses, countesses and duchesses have introduced her cakes in Europe, while diplomats and consuls have ordered them for official banquets in Brazil, Australia, Cuba, Mexico, Japan, China and the Philippines.

and webbed feet.





corked again. Capers can be opened and used from time to time for months. A pot of parsley growing in a sunny window is an ever-present help. Macaroons, to grate and sprinkle over desserts of various sorts, can Cooking is much pleasanter in a house where there is a larder well-surplied with the various accessories of good cooking, and these accessories need to be begin with, and none of them loses flavor or quality in the keeping.

SUNDAY MENU

| Cooking is much pleasanter in a house where there is a larder well-surplied with the various accessories of good cooking, and these accessories of good cooking, and these accessories of good cooking, and these accessories of good cooking is much pleasanter in a house where there is a larder well-surplied with the various accessories of good cooking, and these accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking, and these accessories of good cooking, and these accessories of good cooking, and these accessories of good cooking and these accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking, and these accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking is much pleasanter in a house where there is a larder well-supplied with the various accessories of good cooking is much pleasanter in the fount of the timouse) which are the defined one. The addition of a little seda mixed with the desponding of cornstants when the prevent curdling with t

Coording to the mother). It is destined two parts clear water until the diverse obtained.

Ducks to be good must be young and fat. The under bill of the mother. The parts of the mother that is in front. The skirt is and fat. The under bill of the dark and green leaves. The sleeves and the girdle are also lightly embroid and her."

It was also added in the indictment that she and her accomplices had conspired the King's death. When the indictment was read anno picated in the over by that she and her accomplices had conspired the King's death. When the indictment that she and her accomplices had conspired the King's death. When the indictment that she and her accomplices had conspired the King's death. When the overybody has known that he is a little everybody has known that he is a little was faded in the over and put away in glass jars.

Sould be scalded, dried in the oven and put away in glass jars.

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Use ordinary adhesive plaster for monding a rent in an unbrella. If the with other circumstances which must accompany so signal an event.

Elasticity is estored to rubber by scaling it in one part ammonia and two parts clear water until the desired results are obtained.

Ducks to be good must be young and fat. The under bill of the duck is young and will break easily. The breast should be plump and fat.

The wood of mission furniture may be safely washed with warm water. After it is thoroughly dry, it should be polished with a good ofl.

Dry bran is an excellent cleaner for dainty velvet flowers and woolen farice. Hub the spolled spots harder than the rest, then brush it all off.

The wool of mission furniture may be safely washed with a good ofl.

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To read the best first than the set of the polled spots than the rest, then brush it all off.

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Dry bran is an excellent cleaner for dainty velvet flowers and woolen farice. Hub the spolled spots harder than the rest, then brush it all off.

To gray bran to rest, then brush it all off.

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To gray bra

mounting the scaffold she made a short speech of the character so brave A delicious winter salad is made with apples and oranges. Cut into small pleces one apple, two oranges, lettuce, ground nuts. Serve with lettuce, ground nuts. Serve with lettuce leaves with salad dressing.

Two tablespoonfuls of granulated sugar to one white of egg will make excellent meringues.

Use warm water to sprinkle starched clothes, and the effect will be twice as satisfactory.

An apron made with a bib of table official to the made as short speech of the character so brave and plous a Queen would be expected to make. Among those who were place of the decollete corsage and on the hem of the sleeves.

There are, too, some very clever costumes for the ducks, and these might well suggest effective ideas for a fancy dress dance. They are made in pale official the place of the decolletion of the least of the decollation than any in Engential and webbed feet.

blue.

Other Costumes.

A pale pink satin, made with a lamp-shade tunic of white lace, is also very present on this fatal day were the buse of Suffolk and Richmond, the buse of Suffolk

land. Spelman writes: "Her eyes and lips were observed to move after her head had been severed. Her body was head had been severed. Her body was thrown into a common chest of elm-tree that was made to put arrows in Surely they might have provided a more decent coffin for her who had once been the light of the King's eyes; but it was so and no otherwise, and in that manner it was conveyed fnto the Tower Chapel, and there buried before 12 o'clock."

Sifted wood ashes put on a damp cloth will remove stains from tinware, agate or crockery.

agate or crockery.

To give plaster casts an alabaster effect, dlp them into a strong solution of alum water.

A Single Application Banishes Hairy Growths

(Toilet Talks.) (Toilet Talks.)

Much interest is manifested among beauty specialists in the new, painless treatment for superfluous hairs. This consists of a paste which is made with a little powdered delatone and water and applied to the objectionable hairs for about two or three minutes, then rubbed off. Following this treatment the skin should be washed to remove the remaining paste, and it will be left free from hair or blemish. Care should be used to see that it is delatone you get, otherwise the result may be disappointing. appointing. . (Advertisement.)

25% Discount on all large Gas Ranges.

Rothert & Co.



New Indian Animal Stories Why the Chickadee Is Called Truth-Teller

By John M. Oskison.

Long time ago, in the days when the little Indian boys and girls were taught to listen for the songs of the birds, the old people used to tell them stories about how the birds had helped the people or about how they had worked against the people.

Those stories, of course, went back very far—so far back that they reached a time when the birds and the animals and the insects of the earth talked with the people. And when the chickadee came close to the camp to sit on a high limb and start singing his song, one of the old men would

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WALTER BAKER & CO. LTD.

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Fresh Hams 17c Corned Hams......17c Picnic Hams.....14c Frankfort Sausage._____14c Garlic Sausage 14c Bologna Sausage..... Pig Foot Souse......15c Guaranteed Fresh Country Eggs (no storage) 34c

Pot Roast Beef Stewing Beef (Brisket)_____10c Pork Sausage.... Pork Chops.... Best Butterine.....20c and 25c Dressed Fowl 20c Pig Liver 10c Best Creamery Butter 36c

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